



Plates to Share

- Summer Rolls:** Vietnamese Soft Rice Wrapped shredded veggies, Zucchini noodles
Bean sprouts, Asian secret herbs, tamarind & nouc chom **\$12**
- Yakitori:** Char-Grilled skewers, shredded cabbage, Ginger enhanced Vegetable
Slaw, Ponzu sauce (Choice of Charred Chicken or Flank steak) **\$16**

Great Greens (Choice of: Chicken \$6, Tofu \$6, Flank \$8 Shrimp \$10)

- The Herb Garden:** rainbow of chopped veggies, shredded cabbage, cilantro,
Soy BBQ Crunchy mix, served with our low carb vinaigrette **\$14**

Our Signature Skinny Dishes

- Vietnamese Pho:** Classic deep spiced beef 'n chicken broth, Zucchini noodles
Secret Asian Herbs, bean sprouts, 6 min Egg, green chilies, crispy pork
Crackling, Fresh lime. Rare thin sliced flank **\$24 or halvesies \$16**
- Sambal Noodle Bowl:** Cilantro Pesto rubbed chicken breast or crispy tofu,
Warm Zucchini noodles, cabbage, spinach, ginger, fennel, scallions
Simmering Asian Herbs, tomatoes, citrus Sambal sauce. **\$18**
- Sausage Stuffed Pepper:** Lean Ground pork, spicy Italian sausage baked in a
Red pepper served with pesto zucchini noodles and our slow roasted
Tomato sauce **\$18**
- Middle Eastern Platter:** Cilantro Mint Marinated Chicken & Vegetable Skewers
Classic Israeli cucumber salad. Cinnamon cauliflower "cous cous" with
A red pepper mahummara sauce **\$20**

Refresh yourself

Palate Pleasing Home Brewed Daily Teas Served Hot or Iced
illy Coffee; Decaf or Regular brew served hot or iced

Our skinny dipping menu is nutritionally designed for an amazing culinary experience while enjoying a lower carbohydrate & lean protein lifestyle with vegetarian options available

"Delicious starts with our hearts"